



Family Starter Security Checklist

7 steps to protect your household this weekend

No tech background needed. Work through these seven steps this weekend to close the most common security gaps in a household — passwords, two-factor authentication, and device basics.

1 Install a password manager

Bitwarden is free and open source. 1Password has the best family sharing at \$4.99/mo. Pick one and install it on every device in the house.

2 Move every reused password into it

Any password used on more than one site is a risk. Import or re-save every account. The password manager will flag duplicates for you.

3 Enable MFA on your primary email

Your email is the master key — everything else resets through it. Use Authy (free, syncs across devices) not SMS. Do this one first.

4 Enable MFA on bank & financial accounts

Log in to each bank and brokerage and turn on two-factor. If they only offer SMS, that's still better than nothing — upgrade to an app later.

5 Enable MFA on social media

Facebook, Instagram, X/Twitter, TikTok — all of them. A hacked social account is how attackers reach your contacts and get personal info.

6 Check haveibeenpwned.com for every email

Visit haveibeenpwned.com and enter each email address in the house. Any that show up in a breach: change that password everywhere it was used.

7 Set a PIN lock on every device

Every phone, tablet, and laptop should require a PIN, password, or biometric to unlock. Enable it in Settings → Security (Android) or Face/Touch ID & Passcode (iPhone).